A colic solution for formula-fed babies

The type and amount of certain types of bacteria in your baby’s gut appears to make a difference in whether or not they develop colic. Research has shown that babies with colic have less lactobacillus and more types of other bacteria.

**Probiotics** are certain types of good bacteria that may provide benefits when you consume enough. Lactobacillus *reuteri* (L. *reuteri*) is a probiotic similar to those found in breastmilk. Research has shown that giving babies L. *reuteri* positively influences the gut microbiota.

- L. *reuteri* has been studied in many infants and children.
- It has been clinically shown to reduce crying time by 50% in colicky, breastfed babies after one week of use.

Formula-fed babies with excessive crying and colic can get L. *reuteri* from a solution formula designed with their comfort in mind. [Gerber® Good Start® Soothe Infant Formula](#) is designed for colic, excessive crying and fussiness, and it’s the only formula with the probiotic L. *reuteri*.

Check out our Gerber® Good Start® [supplements](#) and [formula](#)!
*Talk to your baby’s doctor if you think that his colic symptoms could be related to a cow’s milk protein allergy.